

Chetek-Weyerhaeuser

Roselawn Lunch

Jan 24, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients								
			Feb - 1 Lasagna or PB&J & Ch.St. Broccoli Salad Greens w/topping Pears Grapes Garlic Bread Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Feb - 2 Pulled Pork or PB&J & Ch.St. Veggies w/dip Carrots Applesauce Mandarin Oranges Milk 1% Milk Ch Skim Milk Skim	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: right;">Avg Nutrients</td> <td style="text-align: right;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: right;">639 100%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: right;">723 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: right;">5.7g 8.1%Cal</td> </tr> </table>	Avg Nutrients	Target	Cals...	639 100%	Sodium.	723 mg	S.Fat	5.7g 8.1%Cal
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Feb - 5 Pizza Dippers or PB&J & Ch.St. Corn Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim Marinara Sauce	Feb - 6 Teriyaki Chicken/Rice or PB&J & Ch.St. Oriental Vegetables Veggies w/dip Fruit Cocktail Oranges Breadstick Milk 1% Milk Skim Milk Ch Skim	Feb - 7 Popcorn Chicken or PB&J & Ch.St. Carrots Mixed Salad Pineapple Apple Salad Dinner Roll BBQ Sauce Milk 1% Milk Skim Milk Ch Skim	Feb - 8 Potato Bar or PB&J & Ch.St. Potato Wedges Salad Greens w/topping Pears Grapes Breadstick Milk 1% Milk Skim Milk Ch Skim	Feb - 9 Hamburger or PB&J & Ch.St. Pinto Beans Veggies w/dip Applesauce Mandarin Oranges Ketchup Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: right;">Avg Nutrients</td> <td style="text-align: right;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: right;">689 106%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: right;">866 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: right;">5.9g 7.7%Cal</td> </tr> </table>	Avg Nutrients	Target	Cals...	689 106%	Sodium.	866 mg	S.Fat	5.9g 7.7%Cal
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Feb - 12 Pizza or PB&J & Ch.St. Carrots Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim	Feb - 13 Taco in a bag or PB&J & Ch.St. Steamed Cauliflower Veggies w/dip Fruit Cocktail Oranges Graham Cracker Salsa Milk 1% Milk Skim Milk Ch Skim	Feb - 14 Fish Sticks or PB&J & Ch.St. Potato Baby Bakers Mixed Salad Pineapple Banana Rice Krispy Bar WG. TARTAR SAUCE Milk 1% Milk Skim Milk Ch Skim	Feb - 15 BBQ Sandwich (RL & M or PB&J & Ch.St. Baked Beans Salad Greens w/topping Pears Grapes Milk 1% Milk Skim Milk Ch Skim	Feb - 16 Bosco Sticks or PB&J & Ch.St. Tomato Soup Veggies w/dip Applesauce Mandarin Oranges Animal Crackers Milk 1% Milk Ch Skim Milk Skim	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: right;">Avg Nutrients</td> <td style="text-align: right;">Target</td> </tr> <tr> <td style="text-align: right;">Cals...</td> <td style="text-align: right;">685 105%</td> </tr> <tr> <td style="text-align: right;">Sodium.</td> <td style="text-align: right;">865 mg</td> </tr> <tr> <td style="text-align: right;">S.Fat</td> <td style="text-align: right;">5.8g 7.6%Cal</td> </tr> </table>	Avg Nutrients	Target	Cals...	685 105%	Sodium.	865 mg	S.Fat	5.8g 7.6%Cal
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 19 Taco Pizza or PB&J & Ch.St. Broccoli Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim	Feb - 20 Chicken Drumstick or PB&J & Ch.St. Mashed Pot. & Chix Gr Veggies w/dip Fruit Cocktail Oranges Breadstick Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Feb - 21 Philly Steak Sandwich or PB&J & Ch.St. Carrots Mixed Salad Pineapple Banana Milk Skim Milk Ch Skim Milk 1%	Feb - 22 Orange Chicken over Ri or PB&J & Ch.St. Oriental Vegetables Salad Greens w/topping Pears Grapes Graham Crackers Milk 1% Milk Skim Milk Ch Skim	Feb - 23 Maxsnax or PB&J & Ch.St. Pinto Beans Veggies w/dip Applesauce Mandarin Oranges Salsa Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients Target Cals... 665 102% Sodium. 829 mg S.Fat 5.6g 7.6%Cal
Feb - 26 Meatball Sub or PB&J & Ch.St. Salad Greens w/topping Carrots Applesauce Mandarin Oranges Milk 1% Milk Skim Milk Ch Skim	Feb - 27 Hamburger Gravy or PB&J & Ch.St. Mashed Potatoes Veggies w/dip Fruit Cocktail Oranges Dinner Roll Milk 1% Milk Ch Skim Milk Skim	Feb - 28 Fajita or PB&J & Ch.St. Black Beans Mixed Salad Peppers & Onions Pineapple Banana Salsa Vanilla Wafers Milk 1% Milk Skim Milk Ch Skim			Avg Nutrients Target Cals... 666 103% Sodium. 845 mg S.Fat 5.3g 7.2%Cal

All menus are subject to change. This institution is an equal opportunity provider.

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