

# Chetek-Weyerhaeuser

## Roselawn Breakfast

Jan 24, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Feb - 1 Mini Waffles Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Feb - 2 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 330 94% Sodium. 288 mg S.Fat 0.7g 1.8%Cal
Feb - 5 PB&J Graham Cracker Orange Juice 100% Applesauce Milk 1% Milk Skim	Feb - 6 Frudel Craisins Apple Juice 100% Milk 1% Milk Skim	Feb - 7 Mini Pancakes Apples Slices Orange Juice 100% Milk 1% Milk Skim	Feb - 8 Poptart Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Feb - 9 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 441 100% Sodium. 328 mg S.Fat 2.6g 5.4%Cal
Feb - 12 Mini Bagel Applesauce Orange Juice 100% Milk 1% Milk Skim	Feb - 13 Mini French Toast Craisins Apple Juice 100% Milk 1% Milk Skim	Feb - 14 Mini Cinni Apples Slices Orange Juice 100% Milk 1% Milk Skim	Feb - 15 Mini Waffles Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Feb - 16 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 350 100% Sodium. 339 mg S.Fat 1.8g 4.5%Cal
Feb - 19 PB&J Graham Cracker Orange Juice 100% Applesauce Milk 1% Milk Skim	Feb - 20 Frudel Craisins Apple Juice 100% Milk 1% Milk Skim	Feb - 21 Mini Pancakes Apples Slices Orange Juice 100% Milk 1% Milk Skim	Feb - 22 Poptart Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Feb - 23 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 441 100% Sodium. 328 mg S.Fat 2.6g 5.4%Cal
Feb - 26 Mini Bagel Applesauce Orange Juice 100% Milk 1% Milk Skim	Feb - 27 Mini French Toast Craisins Apple Juice 100% Milk 1% Milk Skim	Feb - 28 Mini Cinni Apples Slices Orange Juice 100% Milk 1% Milk Skim			Avg Nutrients Target Cals... 400 100% Sodium. 419 mg S.Fat 2.5g 5.6%Cal

All menus are subject to change. This institution is an equal opportunity provider.

\*NA\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.