

# Chetek-Weyerhaeuser

## Roselawn Lunch

Mar 6, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Mar - 1  Chicken Noodle Soup Pizza Dippers or PB&J & Ch.St. Gr. Beans Salad Greens w/topping Pears Grapes Crackers Milk Skim Milk 1% Milk Ch Skim	Mar - 2	Avg Nutrients    Target Cals...            602    100% Sodium.           914 mg S.Fat    4.8g    7.2%Cal
Mar - 5  Italian Dunker-RL-DC or PB&J & Ch.St. Gr. Beans Salad Greens w/topping Peaches Apples Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Mar - 6  Pulled Pork or PB&J & Ch.St. Pinto Beans Veggies w/dip Fruit Cocktail Oranges Milk 1% Milk Skim Milk Ch Skim	Mar - 7  Chicken Nuggets or PB&J & Ch.St. Chix Flavor Br. Rice Broccoli Mixed Salad Pineapple Banana BBQ Sauce Milk Skim Milk 1% Milk Ch Skim	Mar - 8  Pasta Hot Dish or PB&J & Ch.St. Peas Salad Greens w/topping Pears Grapes Garlic Bread Milk 1% Milk Ch Skim Milk Skim	Mar - 9  Fish Sandwich or PB&J & Ch.St. Fries, Swt. Potatoes Veggies w/dip Mandarin Oranges Applesauce Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients    Target Cals...            668    103% Sodium.           744 mg S.Fat    5.4g    7.3%Cal
Mar - 12  Hot Dog or PB&J & Ch.St. Baked Beans Salad Greens w/topping Peaches Apples Ketchup Mustard Milk 1% Milk Skim Milk Ch Skim	Mar - 13  Taco or PB&J & Ch.St. Refried Beans Veggies w/dip Fruit Cocktail Oranges Salsa Raspberry Churro Milk 1% Milk Skim Milk Ch Skim	Mar - 14  Chicken Tenders or PB&J & Ch.St. Corn Mixed Salad Pineapple Banana Dinner Roll Milk 1% Milk Ch Skim Milk Skim	Mar - 15  Hamburger or PB&J & Ch.St. French Fries Salad Greens w/topping Pears Grapes Ketchup Mustard Milk 1% Milk Skim Milk Ch Skim	Mar - 16  Pizza or PB&J & Ch.St. Carrots Veggies w/dip Mandarin Oranges Applesauce Milk 1% Milk Ch Skim Milk Skim	Avg Nutrients    Target Cals...            689    106% Sodium.           886 mg S.Fat    5.7g    7.4%Cal

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Mar - 19  Chicken Sandwich or PB&J & Ch.St. Fries, Swt. Potatoes Salad Greens w/topping Peaches Apples Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Mar - 20  Nacho Supreme or PB&J & Ch.St. Black Beans Veggies w/dip Fruit Cocktail Oranges Graham Cracker Giant- Milk 1% Milk Ch Skim Milk Skim	Mar - 21  Rib Patty Sandwich or PB&J & Ch.St. Gr. Beans Mixed Salad Banana Pineapple BBQ Sauce Milk 1% Milk Ch Skim Milk Skim	Mar - 22  Chicken Chili Shred. Mozz. Ch. or PB&J & Ch.St. Peas Salad Greens w/topping Pears Grapes Corn Bread Loaf Milk 1% Milk Skim Milk Ch Skim	Mar - 23  Pizza Dippers or PB&J & Ch.St. Corn Broc - Caul Salad Mandarin Oranges Applesauce Marinara Sauce Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients    Target Cals...            709    109% Sodium.            897 mg S.Fat    5.7g    7.3%Cal

All menus are subject to change. This institution is an equal opportunity provider.

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