

Chetek-Weyerhaeuser

Roselawn Lunch

Mar 30, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 2 Pizza or PB&J & Ch.St. Carrots Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim	Apr - 3 Teriyaki Chicken/Rice or PB&J & Ch.St. Oriental Vegetables Veggies w/dip Fruit Cocktail Oranges Rice Kispie Bar Milk 1% Milk Skim Milk Ch Skim	Apr - 4 Popcorn Chicken or PB&J & Ch.St. Mashed Pot. & Chix Gr Mixed Salad Pineapple Apple Salad Dinner Roll BBQ Sauce Milk 1% Milk Skim Milk Ch Skim	Apr - 5 Chili Shred. Mozz. Ch. or PB&J & Ch.St. Peas Salad Greens w/topping Pears Grapes Corn Bread Loaf Milk 1% Milk Skim Milk Ch Skim	Apr - 6 BBQ Sandwich (RL & M or PB&J & Ch.St. Baked Beans Veggies w/dip-for 100 Applesauce Strawberries Goldfish Pretzels Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients Target Cals... 688 106% Sodium. 860 mg S.Fat 5.5g 7.2%Cal
Apr - 9 Taco Pizza or PB&J & Ch.St. Corn Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim	Apr - 10 Meatballs & Gravy or PB&J & Ch.St. Mashed Pot. & Chix Gr Veggies w/dip Fruit Cocktail Oranges Breadstick Milk 1% Milk Skim Milk Ch Skim	Apr - 11 Hot Dog or PB&J & Ch.St. Baked Beans Mixed Salad Pineapple Blueberries Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Apr - 12 Ravioli or PB&J & Ch.St. Gr. Beans Salad Greens w/topping Pears Grapes Garlic Bread Milk 1% Milk Skim Milk Ch Skim	Apr - 13 Philly Steak Sandwich or PB&J & Ch.St. Carrots Veggies w/dip Mandarin Oranges Applesauce Milk Skim Milk Ch Skim Milk 1%	Avg Nutrients Target Cals... 688 106% Sodium. 1020 mg S.Fat 5.8g 7.5%Cal
Apr - 16 Pizza Pepp. or PB&J & Ch.St. Carrots Salad Greens w/topping Apples-Cinn & Sugar Peaches Milk 1% Milk Skim Milk Ch Skim	Apr - 17 Taco in a Bag or PB&J & Ch.St. Pinto Beans Veggies w/dip Fruit Cocktail Oranges Salsa Milk 1% Milk Ch Skim Milk Skim	Apr - 18 Sub Sandwich or PB&J & Ch.St. Gr. Beans Mixed Salad Pineapple Banana Mayo Milk 1% Milk Skim Milk Ch Skim	Apr - 19 Chicken Noodle Soup Pizza Dippers or PB&J & Ch.St. Broccoli Salad Greens w/topping Pears Grapes Crackers Milk Skim Milk 1% Milk Ch Skim	Apr - 20 Hamburger or PB&J & Ch.St. French Fries Veggies w/dip Applesauce Mandarin Oranges Ketchup Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients Target Cals... 665 102% Sodium. 890 mg S.Fat 5.8g 7.8%Cal

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 23 Pizza Fr. Bread or PB&J & Ch.St. Carrots Salad Greens w/topping Peaches Apples Milk 1% Milk Skim Milk Ch Skim	Apr - 24 Chicken Tenders or PB&J & Ch.St. Broc. & Caul. Steamed Veggies w/dip-for 100 Fruit Cocktail Oranges BBQ Sauce Dinner Roll Milk 1% Milk Skim Milk Ch Skim	Apr - 25 Ham & Cheese Sandwi or PB&J & Ch.St. Baked Beans Mixed Salad Pineapple Banana Milk 1% Milk Ch Skim Milk Skim	Apr - 26 Pasta Hot Dish or PB&J & Ch.St. Peas Salad Greens w/topping Pears Grapes Garlic Bread Milk 1% Milk Ch Skim Milk Skim	Apr - 27 Pork Sandwich or PB&J & Ch.St. French Fries Veggies w/dip Mandarin Oranges Applesauce BBQ Sauce Milk 1% Milk Skim Milk Ch Skim	Avg Nutrients Target Cals... 677 104% Sodium. 884 mg S.Fat 6.0g 7.9%Cal
Apr - 30 Pizza Dippers or PB&J & Ch.St. Corn Salad Greens w/topping Apples Peaches Milk 1% Milk Skim Milk Ch Skim					Avg Nutrients Target Cals... 703 108% Sodium. 884 mg S.Fat 6.4g 8.2%Cal

All menus are subject to change. This institution is an equal opportunity provider.

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