

Chetek-Weyerhaeuser

Roselawn Lunch

Nov 27, 2018

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| Monday | Tuesday | Wednesday | Thursday | Friday | Nutrients |
|---|--|---|---|---|--|
| Dec - 3 Pizza Dippers PB&J & Ch. Stick Corn Salad Greens w/topping Apples Peaches Marinara Sauce Milk 1% Milk Skim Milk Ch Skim | Dec - 4 Au Gratin Potatoes & H PB&J & Ch. Stick Peas Veggies w/dip Fruit Cocktail Oranges Breadstick Rice Krispy Bar WG. Milk 1% Milk Skim Milk Ch Skim | Dec - 5 Chicken Smackers PB&J & Ch. Stick String Cheese Gr. Beans Mixed Salad Pineapple Banana BBQ Sauce Dinner Roll Milk 1% Milk Skim Milk Ch Skim | Dec - 6 Nacho PB&J & Ch. Stick Pinto Beans Salad Greens w/topping Pears Grapes Graham Cracker Giant- Milk 1% Milk Skim Milk Ch Skim | Dec - 7 Hamburger PB&J & Ch. Stick Sweet Potato Fries Veggies w/dip-for 100 Applesauce Mandarin Oranges Ketchup Mustard Milk 1% Milk Skim Milk Ch Skim | Avg Nutrients Target Cals... 577 100% Sodium. 903 mg T.Fat 19.3g 30.1%Cal S.Fat 5.4g 8.4%Cal |
| Dec - 10 Pizza PB&J & Ch. Stick Corn Salad Greens w/topping Peaches Apples-Cinn & Sugar Milk 1% Milk Ch Skim Milk Skim | Dec - 11 Orange Chicken over Ri PB&J Oriental Vegetables Veggies w/dip-for 100 Fruit Cocktail Oranges Animal Crackers Milk 1% Milk Ch Skim Milk Skim | Dec - 12 Sub Sandwich PB&J & Ch. Stick Carrots Mixed Salad Pineapple Banana Milk 1% Milk Skim Milk Ch Skim | Dec - 13 Chicken Rice Soup Bosco Sticks PB&J & Ch. Stick Sonoma Veg. Salad Greens w/topping Pears Grapes Crackers Milk 1% Milk Skim Milk Ch Skim | Dec - 14 BBQ Pork PB&J & Ch. Stick Baked Beans Veggies w/dip-for 100 Applesauce Mandarin Oranges Milk 1% Milk Ch Skim Milk Skim | Avg Nutrients Target Cals... 572 100% Sodium. 765 mg T.Fat 19.4g 30.6%Cal S.Fat 5.2g 8.2%Cal |

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|------------------------|------------------|------------------|------------------------|---------------------|----------------------|
| Dec - 17 | Dec - 18 | Dec - 19 | Dec - 20 | Dec - 21 | Avg Nutrients Target |
| Maxsnax | Taco | Chicken Tenders | Turkey Roast | Corn Dog | Cals... 765 118% |
| PB&J & Ch. Stick | PB&J & Ch. Stick | PB&J & Ch. Stick | PB&J & Ch. Stick | PB&J & Ch. Stick | Sodium. 1146 mg |
| Corn | Black Beans | Carrots | Mashed Pot. & Chix Gr | Baked Beans | T.Fat 23.6g 27.8%Cal |
| Salad Greens w/topping | Veggies w/dip | Mixed Salad | Salad Greens w/topping | Veggies w/dip | S.Fat 6.3g 7.5%Cal |
| Peaches | Fruit Cocktail | Pineapple | Pears | Mandarin Oranges | |
| Apples | Oranges | Banana | Grapes | Applesauce | |
| Salsa | Salsa | BBQ Sauce | Dinner Roll | Rice Krispy Bar WG. | |
| Milk 1% | Animal Crackers | Ch. Chip Cookies | Mini Rice Krispie Bar | Milk 1% | |
| Milk Skim | Milk 1% | Milk 1% | Cranberries | Milk Skim | |
| Milk Ch Skim | Milk Skim | Milk Skim | Ice Cream | Milk Ch Skim | |
| | Milk Ch Skim | Milk Ch Skim | Milk 1% | | |
| | | | Milk Ch Skim | | |
| | | | Milk Skim | | |

All menus are subject to change. This institution is an equal opportunity provider.

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