

# Chetek-Weyerhaeuser High School/Middle School Breakfast & Lunch Menu



## December



Mon	Tue	Wed	Thu	Fri
				<b>1</b> Pulled Pork Carrots Fruit-Milk  Breakfast Pizza Fruit-Milk
<b>4</b> Pizza Dippers Corn Fruit-Milk  Pop tart Fruit-Milk	<b>5</b> Teriyaki Chicken /Rice Egg Roll Fruit-Milk  Omelet & Toast Fruit-Milk	<b>6</b> Popcorn Chicken Sweet Potato Fruit-Milk  Pancake on a stick Fruit-Milk	<b>7</b> Mac-N-Cheese w/ Ham Baked Beans Fruit-Milk  Breakfast Sandwich Fruit-Milk	<b>8</b> Build your own Burger French Fries Fruit-Milk  Breakfast Pizza Fruit -Milk
<b>11</b> Pizza Carrots Fruit-Milk  Parfait Fruit-Milk	<b>12</b> Taco in a Bag Corn Fruit-Milk  French Toast Fruit-Milk	<b>13</b> Chicken Tenders Garlic Potatoes Fruit-Milk  Biscuits & Gravy Fruit-Milk	<b>14</b> Chix Noodle Soup Broccoli Fruit-Milk  Donut Fruit-Milk	<b>15</b> BBQ Sandwich Baked Beans Fruit-Milk  Breakfast Wrap Fruit-Milk
<b>18</b> Calzones Corn Fruit-Milk  Pop tart Fruit-Milk	<b>19</b> Lasagna Broc-Caul Steamed Fruit-Milk  Omelet & Toast Fruit-Milk	<b>20</b> Fajita Pinto Beans Fruit-Milk  Pancake on a stick Fruit-Milk	<b>21</b> Ham Potatoes & Gravy Fruit-Milk  Breakfast Sandwich Fruit-Milk	<b>22</b> Meatball Sub Carrots Fruit-Milk  Breakfast Pizza Fruit-Milk
<b>25</b>	<i>Merry Christmas</i> 			<b>29</b>

### Breakfast Choices:

- Main Breakfast (listed on menu)
  - Cereal & Cheese
  - Muffin & Yogurt
- Plus fruit choices, juice, & milk

### Lunch Choices:

- Entrée (listed on menu)
  - PB&J Sandwich (MS Only)
  - Deli Sandwich (HS Only)
  - Grab & Go Salads (HS Only)
- Plus garden bar, fruit choices, & milk choices

### Garden Bar with Meal:

- M: salad greens & toppings
- T: veggies & dip
- W: mixed salad (spinach)
- Th: salad greens & toppings
- F: coleslaw or broccoli salad

### Milk Choices:

- Skim, 1% and Skim
- Chocolate Milk

[HS Lunch Nutritionals HERE](#)

[MS Lunch Nutritionals HERE](#)

[HS/MS Breakfast Nutritionals HERE](#)

All menus are subject to change. This institution is an equal opportunity provider.