

# Chetek-Weyerhaeuser

## Roselawn Breakfast

Mar 30, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 2 Mini Bagel Applesauce Orange Juice 100% Milk 1% Milk Skim	Apr - 3 Mini French Toast Craisins Apple Juice 100% Milk 1% Milk Skim	Apr - 4 Mini Cinni Apples Slices Orange Juice 100% Milk 1% Milk Skim	Apr - 5 Mini Waffles Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Apr - 6 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 350 100% Sodium. 339 mg S.Fat 1.8g 4.5%Cal
Apr - 9 PB&J Orange Juice 100% Applesauce Milk 1% Milk Skim	Apr - 10 Frudel Craisins Apple Juice 100% Milk 1% Milk Skim	Apr - 11 Mini Pancakes Apples Slices Orange Juice 100% Milk 1% Milk Skim	Apr - 12 Poptart Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Apr - 13 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 445 100% Sodium. 348 mg S.Fat 2.6g 5.3%Cal
Apr - 16 Mini Bagel Applesauce Orange Juice 100% Milk 1% Milk Skim	Apr - 17 Mini French Toast Craisins Apple Juice 100% Milk 1% Milk Skim	Apr - 18 Mini Cinni Apples Slices Orange Juice 100% Milk 1% Milk Skim	Apr - 19 Mini Waffles Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Apr - 20 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 350 100% Sodium. 339 mg S.Fat 1.8g 4.5%Cal
Apr - 23 PB&J Orange Juice 100% Applesauce Milk 1% Milk Skim	Apr - 24 Frudel Craisins Apple Juice 100% Milk 1% Milk Skim	Apr - 25 Mini Pancakes Apples Slices Orange Juice 100% Milk 1% Milk Skim	Apr - 26 Poptart Diced Fruit Apple Juice 100% Milk 1% Milk Skim	Apr - 27 Cereal Orange Juice 100% Applesauce Milk 1% Milk Skim	Avg Nutrients Target Cals... 445 100% Sodium. 348 mg S.Fat 2.6g 5.3%Cal
Apr - 30 Mini Bagel Applesauce Orange Juice 100% Milk 1% Milk Skim					Avg Nutrients Target Cals... 441 100% Sodium. 328 mg S.Fat 3.2g 6.6%Cal

All menus are subject to change. This institution is an equal opportunity provider.

\*NA\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.