

# Chetek-Weyerhaeuser Roselawn Elementary Breakfast & Lunch Menu



## October



Mon	Tue	Wed	Thu	Fri
<b>Pepp. Pizza</b> <b>Corn</b> <b>Cinnamon Apples</b>  <b>Mini Bagels</b> <b>Fruit-Milk</b>	<b>Sub Sandwich</b> <b>Gr. Beans</b> <b>Fruit Cocktail</b>  <b>Mini French Toast</b> <b>Fruit-Milk</b>	<b>Hot Dog</b> <b>Baked Beans</b> <b>Blueberries</b>  <b>Mini Cinni</b> <b>Fruit-Milk</b>	<b>Ravioli</b> <b>Broccoli</b> <b>Pears</b>  <b>Mini Waffles</b> <b>Fruit-Milk</b>	<b>Pulled Pork</b> <b>Carrots</b> <b>Mandarin Oranges</b>  <b>Cereal</b> <b>Fruit-Milk</b>
<b>Pizza Dippers</b> <b>Corn</b> <b>Peaches</b>  <b>PB&amp;J Gr. Cracker</b> <b>Fruit-Milk</b>	<b>Teriyaki Chicken/Rice</b> <b>Oriental Veg.</b> <b>Fruit Cocktail</b>  <b>Frudel</b> <b>Fruit-Milk</b>	<b>Popcorn Chicken</b> <b>Sweet Potato</b> <b>Pineapple</b>  <b>Mini Pancakes</b> <b>Fruit-Milk</b>	<b>Mac-N-Cheese</b> <b>Baked Beans</b> <b>Pears</b>  <b>Pop tart</b> <b>Fruit-Milk</b>	<b>Hamburger</b> <b>French Fries</b> <b>Applesauce</b>  <b>Cereal</b> <b>Fruit-Milk</b>
<b>Pizza</b> <b>Carrots</b> <b>Peaches</b>  <b>Mini Bagels</b> <b>Fruit-Milk</b>	<b>Taco in a Bag</b> <b>Black Beans</b> <b>Fruit Cocktail</b>  <b>Mini French Toast</b> <b>Fruit-Milk</b>	<b>Chicken Tenders</b> <b>Red Potatoes</b> <b>Pineapple</b>  <b>Mini Cinni</b> <b>Fruit-Milk</b>	<b>Chicken Noodle</b> <b>Soup</b> <b>Broccoli</b> <b>Pears</b>  <b>Mini Waffles</b> <b>Fruit-Milk</b>	<b>BBQ Sandwich</b> <b>Pinto Beans</b> <b>Sorbet</b>  <b>Cereal</b> <b>Fruit-Milk</b>
<b>Calazone</b> <b>Corn</b> <b>Peaches</b>  <b>PB&amp;J Gr. Cracker</b> <b>Fruit-Milk</b>	<b>Hamburger Gravy</b> <b>Mashed Potatoes</b> <b>Fruit Cocktail</b>  <b>Frudel</b> <b>Fruit-Milk</b>	<b>Fajita</b> <b>Black Beans</b> <b>Pineapple</b>  <b>Mini Pancakes</b> <b>Fruit-Milk</b>	<b>Lasagna</b> <b>Broccoli &amp; Caul.</b> <b>Pears</b>  <b>Pop tart</b> <b>Fruit-Milk</b>	<b>Meatball Sub</b> <b>Carrots</b> <b>Apple Sauce</b>  <b>Cereal</b> <b>Fruit-Milk</b>
<b>Taco Pizza</b> <b>Pinto Beans</b> <b>Peach</b>  <b>Mini Bagels</b> <b>Fruit-Milk</b>	<b>Chicken</b> <b>Mashed Potatoes</b> <b>Fruit Cocktail</b>  <b>Mini French toast</b> <b>Fruit-Milk</b>	<a href="#">Weekly Breakfast Nutritional Information HERE</a> <a href="#">Weekly Lunch Nutritional Information HERE.</a>		

### Lunch Choices:

- Entrée (listed on menu)
  - PB&J Sandwich ( RL-MS )
  - Deli Sandwich (HS Only)
- Plus garden bar, fruit choices, & milk

### Garden Bar:

M: salad greens & toppings  
 T: veggies & dip  
 W: mixed salad (spinach)  
 Th: salad greens & toppings  
 F: coleslaw or broccoli salad

### Milk

Skim and 1% offered everyday  
 On Friday they also may have  
 Chocolate Milk

Students will need to select 1/2 cup of fruit and/or vegetables at breakfast and lunch to receive a reimbursable meal