


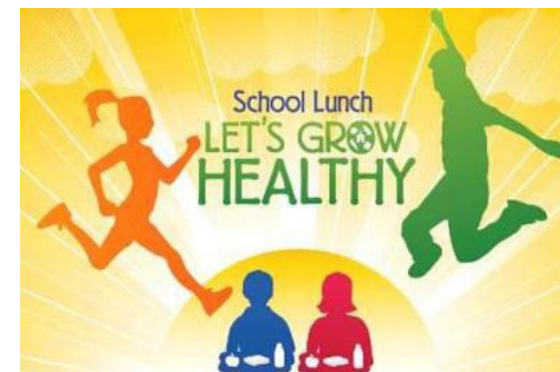
Chetek-Weyerhaeuser High School/Middle School Breakfast & Lunch



November



Mon	Tue	Wed	Thu	Fri
		¹ Quesadilla Pinto Beans Blueberries Biscuits & Gravy Fruit-Milk	² Orange Chicken Over Rice Oriental Veg. Pears Donut Fruit-Milk	³ Philly Steak Sandwich Carrots Cinnamon Apples Egg -Potato Wrap Fruit-Milk
⁶ Italian Dunkers Green Beans Peaches Pop tart Fruit-Milk	⁷ Taco Refried Beans Fruit Cocktail Omelet & Toast Fruit-Milk	⁸ Chicken Nuggets Broccoli Pineapple Pancake on a stick Fruit-Milk	⁹ Spaghetti Peas Pears Egg & Ch. Sandwich Fruit-Milk	¹⁰ Breaded Pork Patty Sw. Potato Fries Mandarin Oranges Breakfast Pizza Fruit-Milk
¹³ Chili Cheese Wrap Carrots Peaches Mini Bagel Fruit-Milk	¹⁴ Chicken Chow Mein Green Beans Fruit Cocktail French Toast Fruit-Milk	¹⁵ Rib Patty Sandwich Black Beans Pineapple Biscuits & Gravy Fruit-Milk	¹⁶ Turkey Gravy over Mashed Potatoes Corn -Stuffing Cranberries Donut Fruit-Milk	¹⁷ Build a Burger Fr. Fries Applesauce Egg-Potato Wrap Fruit-Milk
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="font-size: 2em; color: #c0504d; font-family: cursive;">Happy Thanksgiving</div>  </div>				
²⁷ Pepperoni Pizza Corn Cinnamon Apples Pop tart Fruit-Milk	²⁸ Hot dogs Baked Beans Pineapple Omelet & Toast Fruit-Milk	²⁹ Sub Sandwich Chips Green Beans Pineapple Pancake on a stick Fruit-Milk	³⁰ Ravioli Broccoli Pears Egg & Ch. Sandwich Fruit-Milk	HS Lunch Nutritional Info HERE MS Lunch Nutritional Info HERE



Breakfast Choices:

- Main Breakfast (listed on menu)
 - Cereal & Cheese
 - Muffin & Yogurt
- Plus fruit choices, juice, & milk

Lunch Choices:

- Entrée (listed on menu)
 - PB&J Sandwich (MS Only)
 - Deli Sandwich (HS Only)
- Plus garden bar, fruit choices, & milk

Garden Bar:

- M: salad greens & toppings
- T: veggies & dip
- W: mixed salad (spinach)
- Th: salad greens & toppings
- F: coleslaw or broccoli salad

Milk

Skim and 1% White also Skim Choc.

Students will need to select 1/2 cup of fruit and/or vegetables at breakfast and lunch to receive a reimbursable meal