

# Chetek-Weyerhaeuser High School/Middle School Breakfast & Lunch Menu



## April



Mon	Tue	Wed	Thu	Fri
<b>Chili Cheese Wrap</b> <sup>3</sup> <b>Carrots</b>  <b>Parfait</b> <b>Fruit</b>	<b>Creamed Turkey over</b> <sup>4</sup> <b>Biscuits</b> <b>Peas</b>  <b>PB&amp;J</b> <b>Smoothie</b>	<b>Philly St. Sandwich</b> <sup>5</sup> <b>Bl. Beans</b>  <b>Pancake on a stick</b> <b>Fruit</b>	<b>Hamburger</b> <sup>6</sup> <b>French Fries</b>  <b>Donut</b> <b>Fruit</b>	<b>Pizza Dippers</b> <sup>7</sup> <b>Corn</b>  <b>Egg &amp; Ham Wrap</b> <b>Fruit</b>
<b>Calzones</b> <sup>10</sup> <b>Gr. Beans</b>  <b>Bagel</b> <b>Fruit</b>	<b>Nachos</b> <sup>11</sup> <b>Bl. Beans</b>  <b>French Toast</b> <b>Fruit</b>	<b>Hot Dogs</b> <sup>12</sup> <b>French Fries</b>  <b>Biscuits &amp; Gravy</b> <b>Fruit</b>	<b>Chicken</b> <sup>13</sup> <b>Mashed Potatoes</b>  <b>Ham , Egg &amp; Ch.</b> <b>Sandwich</b>	<b>No School</b> <sup>14</sup>
<b>Chicken Nuggets</b> <sup>17</sup> <b>Corn</b>  <b>Parfait</b> <b>Fruit</b>	<b>Potato Bar</b> <sup>18</sup> <b>Broccoli</b>  <b>PB&amp;J</b> <b>Smoothie</b>	<b>Quesadilla</b> <sup>19</sup> <b>Pinto Beans</b>  <b>Pancake on a stick</b> <b>Fruit</b>	<b>Orange Chicken</b> <sup>20</sup> <b>over Rice</b> <b>Peas</b>  <b>Donuts</b> <b>Fruit</b>	<b>Meatball Sub</b> <sup>21</sup> <b>Sw. Pot. Fries</b>  <b>Egg &amp; Bacon Wrap</b> <b>Fruit</b>
<b>Pizza</b> <sup>24</sup> <b>Corn</b>  <b>Bagel</b> <b>Fruit</b>	<b>Taco</b> <sup>25</sup> <b>Re fried Beans</b>  <b>Waffles Sticks</b> <b>Fruit</b>	<b>Chicken Tenders</b> <sup>26</sup> <b>Mashed Potatoes</b>  <b>Biscuits &amp; Gravy</b> <b>Fruit</b>	<b>Stuffed Shells</b> <sup>27</sup> <b>Gr. Beans</b>  <b>Ham, Egg &amp; Ch.</b> <b>Sandwich</b>	<b>Pulled Pork</b> <sup>28</sup> <b>Sandwich</b> <b>Baked Beans</b>  <b>Breakfast Pizza</b> <b>Fruit</b>
<p><a href="#">Click for April Nutritional Info-HS Lunch</a></p> <p><a href="#">Click for April Nutritional Information-MS</a></p> <p><a href="#">Click for April Nutritional Information-Breakfast</a></p>				

### Breakfast Choices:

- Main Breakfast (listed on menu)
  - Cereal & Cheese
  - Muffin & Yogurt
- Plus fruit choices, juice, & milk

### Lunch Choices:

- Entrée (listed on menu)
  - PB&J Sandwich (MS Only)
  - Deli Sandwich (HS Only)
- Plus garden bar, fruit choices, & milk

### Garden Bar:

M: salad greens & toppings  
 T: veggies & dip  
 W: mixed salad (spinach)  
 Th: salad greens & toppings  
 F: coleslaw or broccoli salad

### Milk

Skim and 1% offered everyday  
 On Friday they also may have  
 Chocolate Milk